

Sample Menu

Richmond

MONDAY	Lunch - CHICKEN PASTA IN TOMATO SAUCE WITH VEGETABLES Tea - FRESH CHICKEN SANDWICHES WITH FRUIT JUICE / SPAGETTI HOOPS	Dessert YOGURT
TUESDAY	Lunch - SPAGETTI BOLOGNESE WITH VEGETABLES Tea - BUTTERED CRUMPETS / RAVIOLI	Dessert SWISS ROLL
WEDNESDAY	Lunch - SWEET AND SOUR CHICKEN, COUSCOUS AND VEGETABLES Tea - CROISSANTS AND MILK SHAKE / NOODLES	Dessert APPLE CRUMBLE AND CUSTARD
THURSDAY	Lunch - SHEPHERDS PIE WITH VEGETABLES Tea - BEANS ON TOAST	Dessert ICE CREAM
FRIDAY	Lunch — FISH FINGERS, POTATO WEDGES AND MUSHY PEAS Tea — A SELECTION OF SANDWICHES	Dessert FRUIT SALAD

Breakfast menu is an option of warm porridge, various cereals, toast and a warm drink.

All the children are given snacks and drinks, every morning before lunch and late evening after tea; which is fresh fruits, carrot or cucumber slices.

Milk and water is available all day.

A vegetarian option is available on offer. Please ask for more details and requests/suggestions.